

Are you **facing**  
an **unplanned**  
**pregnancy?**



## *Choices of the Heart*

**Provides Pregnancy Counseling  
for Adoption or Parenting Planning.**

Available 24 hours a day.

Please contact Choices of the Heart  
(513) 241-7745 or (513) 470-8083  
after regular business hours.

*Choices of the Heart provides counseling to pregnant women regardless of their decision for their child, parenting or adoption.*

*Choices of the Heart:*

- Provides free supportive counseling in the decision making process
- Encourages women to make an informed decision regarding their child
- Educates on parenting and adoption
- Refers to other supportive services in the community
- Provides on-going support after delivery

*Answers to Your Questions:*

**Can Choices of the Heart help me with planning to parent my child?**

Yes, our licensed social workers will work with you to prepare for the birth of your baby and parenting your child.

**Do my parents have to be involved in the counseling process?**

Yes and No, if you are under the age of 18 your parents must sign Consent for Counseling form in order for the social worker to be able to meet with you. After the document is signed it is up to you and your parents to decide weather or not they will be present during appointments.

**Can I change my mind after going home from hospital with the baby?**

Yes, if you initially choose to parent your baby and later decide adoption is the best choice for you and your baby you can work with a social worker to begin the adoption process. Choices of the Heart can place children adoptively from birth to six months old.





## *More Answers:*

### **Can I choose to have an open adoption?**

Yes, you can choose any level of openness you wish. Openness varies greatly dependent on each individual's comfort level. A social worker will work with you to determine what degree of openness you are most comfortable with.

### **Can I choose the adoptive couple?**

Yes, you will be given the opportunity to review adoptive family profiles that match you background and history. Once you have selected a family you can choose to meet with them in person (with a social worker present).

### **What does an adoptive family have to do to become licensed to adopt a child?**

Every adoptive family must complete the Homestudy process with a social worker. A Homestudy includes in-depth interviews with the family, background checks (criminal checks), financial and medical statements, a home safety inspection, fire inspection and completion of 12 training hours.





# *Choices of the Heart*

Choices of the Heart pledges to be a source of continued support for our clients and their families.  
We promise to advocate for you and your baby during this difficult time.



**Catholic Charities  
SouthWestern Ohio®**

*Providing Help. Creating Hope.*

Choices of the Heart is a program of  
Catholic Charities Southwestern Ohio  
Providing Help. Creating Hope. Serving people of all faiths.

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